



First time in a long time

— ❄ —
Let's make Christmas count!



START SOMETHING NEW:

Christmas is full of traditions but what are yours? Create a new one and make this year the first year you'll do it! A Christmas movie, recipe, type of meal, type of get-together, something you wear, something you do, something you don't do.





2

JAR OF THANKS:

An oldie, but a goodie. Write a note of gratitude today for something you're thankful for and place it in a jar. Add a new note each day between now and Christmas and between the feasting and giving on Christmas Day, spend a few minutes reading them. If you live with others, get everyone involved. Remember, you can be thankful for big and small things, serious and fun things!



3



SUGARY SHOES:

Generous and giving, Saint Nicholas is dear to the hearts of Dutch children. On 5 December, families traditionally celebrate St Nicholas Day by leaving small gifts in children's shoes, which they will find the next day. Take some Dutch inspiration and surprise some children (or even friends, coworkers or neighbours) you know by leaving anything from lollies to toys in their shoes today!



4

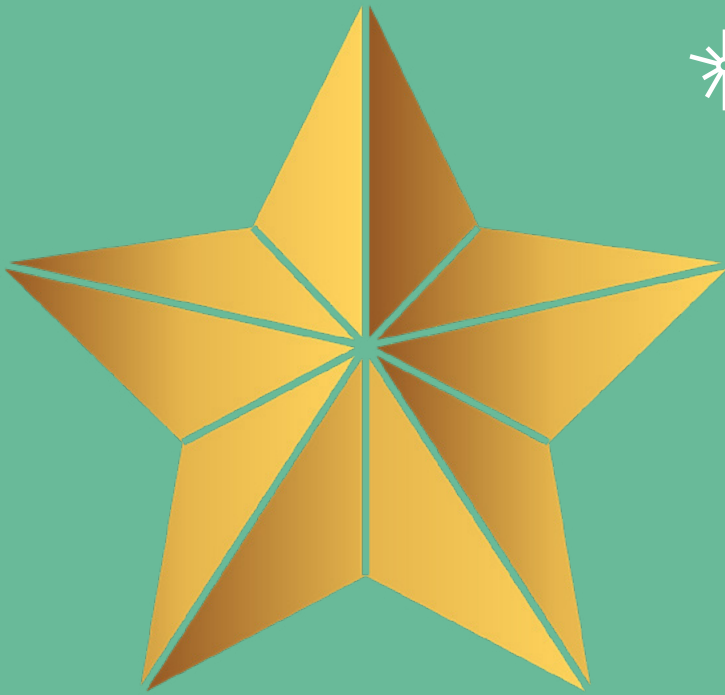


HOST A CHRISTMAS CRAFTERNOON:

Get your crew together (or do it over Zoom!) for some fun DIY holiday crafts! Why not start with Christmas cards? Use old magazines, unconventional materials that you may have handy (old paper bags, dry beans, recycled materials, etc). Turn up the festivities even more with Christmas tunes, decorations and festive food!



5



TWICE THE FUN:

What's on the menu at your place today? Why not double the recipe so you can give it to someone else - a neighbour, friend who is sick or having a tough time, a homeless person, a family member who hates to cook! There's nothing better than sharing great food with friends.





6

SPREAD CHEER IN UNUSUAL PLACES:

Today is a great day for an act of kindness! Write a note or create a small “thank you” package for a stranger in your life who makes your life better, like a delivery driver, trash/recycling collector, barista, cafe/restaurant owner, grocery store staff member or school/church volunteer. Don’t be afraid - it will probably be the best thing that will happen to them today.



7



SILLY STRING:

Get crafty, creative and colourful by making yarn/wool ornaments. Using cookie cutters as templates, bend craft wire into stars, bells, trees or other Christmas shapes. Then, simply wrap colourful yarn around the wire, adding a loop at the top to hang. Bonus: Add a mini pompom to hang in the centre of each ornament. **[Find your inspiration here!](#)**





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